

Let's connect of the off



We've built a highly skilled and experienced team who provide care with empathy and respect.







Our care services are provided by three divisions, Autonomy Life, Autonomy Care and Autonomy Plus.

**Autonomy Life** provides residential care for adults with learning disabilities and complex needs; **Autonomy Care** provides domiciliary care services within individuals' own homes and in the wider community; **Autonomy Plus** provides residential care for young people with learning disabilities and complex needs.



# Autonomy Plus specialises in residential care for young people aged 8 to 18.

We are experts in working with people who have learning disabilities and complex needs. We take a holistic approach to the care we provide, considering all of the factors which may affect the health and wellbeing of the young person.

We have extensive experience in working with people who have complex needs and our expert staff are able to assist with behavioural management and support. By providing effective support strategies we are then able to consider the strengths and talents of the individual, helping them to integrate and participate in a wide range of recreational and leisure activities.

By combining a positive approach with effective behaviour management and a welcoming, friendly home, we can help young people with complex needs to thrive. And as they grow with us, our expert staff can help to prepare them for a transition to our adult care services for ongoing support.

Autonomy Plus is based at Haresfield, a bright, welcoming and friendly home built specifically for the care of young people.



follow us











# Autonomy Life provides residential care for adults with learning disabilities and complex needs.

Our care is provided by a long-established and highly trained team who are experts in providing specialist support for those with complex needs. These needs may include autistic disorders and associated mental health issues, personality disorders or challenging behaviours.

Our holistic, person centred approach draws upon a range of services and strategies which include:

- Structured behavioural management strategies and reactive strategies.
- Dialectal behavioural therapy and cognitive behavioural therapy.
- Positive and applied approaches to behaviours.
- Intensive support plans that effectively manage risk without being risk adverse and supporting people to take appropriate risk.
- Partnership working with other specialists.
- Monitoring, reviewing and encouraging positive behaviours

by using differential reinforcement schedules, RAG data.

 Assessing and encouraging independence wherever possible.

In delivering our care, we try to be respectful, inclusive, professional and progressive. We focus on the assessed needs of those we care for, promoting active participation and quality of life. We rigorously monitor and examine the services that we provide and co-ordinate with other services and professionals to help maximise independence. Our staff are at the heart of the care we provide, and recruiting and retaining people who combine expert knowledge, experience and empathy is our highest priority.



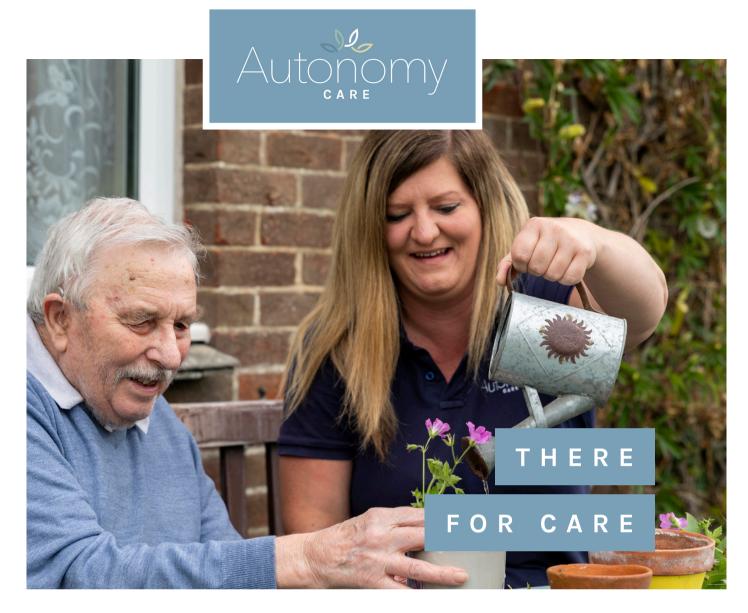












# Autonomy Care specialises in providing care for people in their own homes.

We support people in their day-to-day lives, helping them to enjoy the comfort and familiarity of their own homes while ensuring that their care and wellbeing needs are met, 24 hours a day.

By providing the right care and assistance, following sound principles in which the rights of the individuals are paramount, we enable the people we care for to lead safe and fulfilling lives in a familiar environment.

We provide care to a wide variety of people who have diverse needs. We are experts in helping people with physical or learning disabilities to maintain their lifestyle and independence. We also support older people by providing the support that they may need to continue to live in their own homes. We are proud to help and encourage the people we care for to explore new experiences and challenges, helping them to feel empowered and engaged with society.

Part of the care we provide may involve behavioural management and support in challenging situations. Our carers are experts in managing complex needs and always deliver care in a positive and proactive way.







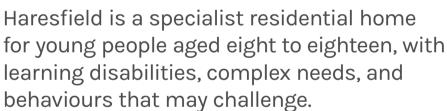












Based in the Wiltshire countryside near Chippenham, Haresfield has five en-suite bedrooms suitable for any gender. Individual needs are at the centre of our practice, and we listen and respond to the individual's voice when planning their care. Achieving positive outcomes is paramount to us.

All children and young people are respected as individuals and are encouraged to express their views and wishes. We believe they have the right to make choices and be consulted with, whatever their level of understanding or methods of communication. Their views are heard, so they can influence what happens to them and the environment they live in.

We follow a holistic approach in supporting those who live at Haresfield, promoting access to a wide range of recreational and leisure activities and nutritious food. We also seek to promote and maximise each person's strengths as well as considering their needs. We provide a homely environment where our young people can grow and flourish as they are prepared for life beyond Haresfield and the transition into adult services.





#### Our ethos:

- We place emphasis on fun and learning through play
- » We treat each young person as an individual and build their support packages around their specific needs
- » We minimise physical intervention by getting to know the children in detail, responding positively to desired behaviours and pre-empting any areas of conflict
- » We minimise areas of conflict by regularly reviewing our positive behaviour support plans
- » We undertake structured and robust behavioural management







We are proud to have an experienced and well-trained team, committed to the young people in their care and to providing positive adult role models. Training is tailored around the needs of the young people in our care and this high quality training enhances the support packages we offer. All staff undertake accredited Positive Behaviour Support training. Our specialist team are experts in person-centred assistance and our range of services and strategies can help individuals to manage complex behaviours effectively.

The team strive to form strong relationships with families, social workers, schools and other influencers in the young people's lives. They work collaboratively to achieve the best possible outcomes for the people we support. Continuity is very important to everyone at Haresfield and we have a non-agency use policy, other than in exceptional circumstances.





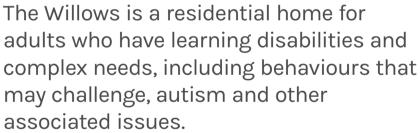






"I have always been impressed by the standard of care given to all of the young people by all of the staff that I have met. They go out of their way to accommodate and advocate for them. It has been very rewarding for me to see them all blossom





The Willows is a handsome, well-proportioned Victorian house located in the heart of Warminster. It provides generous accommodation for up to ten people over three floors and is situated in beautiful, private landscaped gardens.

We believe that anyone living at The Willows should have the same care and opportunities as they would in their own home. That's why we recognise, respect and support individuality, encouraging people to take as much control of their lives and decision making as they can, while offering care, support and guidance.

Our specialist team are experts in person-centred assistance and our range of services and strategies can help individuals to manage complex behaviours effectively.

All staff working at the service undertake accredited Positive Behaviour Support training.



#### Our techniques include:

- Structured and robust behavioural management
- » Positive behaviour support for complex behaviour
- Intensive but not risk averse support plans
- » Encouragement of independence
- » Total communication to ensure everyone actively participates in planned care
- Continuous assessment and review to ensure a responsive service





We currently have a spacious room, with lots of natural light and warmth. The bedroom comprises of two large windows, which overlook the lovely garden at the rear of the house. The room has plenty of space for a wardrobe, bedroom furniture and a single bed. The room can be redecorated to the individual's preference before they move in.

Located on the top floor, there is a shared bathroom with an over-bath shower, toilet and sink.

For any further details on this available bedroom, please contact Paul on 01985 215757.

"I always thought that my brother was happy. I never realised that he could be even happier as he is now thanks to the support that he has received from the staff and management at the Willows."

Family member





Meet the Manager:

Paul started his care career in 1994 - 1999 with the Royal National Institute for Deaf People. During this time he supported individuals with various learning/physical disabilities and sensory/dual sensory loss and obtained his Care Certificate Level 3.

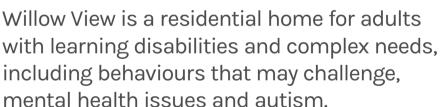
After obtaining his management qualifications, Paul worked as Deputy Manager, Team Leader and Manager within various services.

Paul joined Autonomy Life in November 2023.









Willow View is a lovely, peaceful, three bedroom bungalow in the heart of Warminster, providing a home for just two people. There are front and rear gardens to enjoy and it's just a short walk to the town centre.

We believe that anyone living at Willow View should have the same care and opportunities as they would in their own home. That's why we recognise, respect and support individuality, encouraging people to take as much control of their lives and decision making as they can, while offering care, support and guidance.

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Support at Willow View is precisely tailored to the needs and wishes of the individual. We try to achieve not only what is important for someone but also what is important to him or her. This holistic approach is very personcentred and promotes positive outcomes and development of skills for life and leisure.

We work with individuals, and those significant in their lives, to set - and achieve - short, medium, and long term goals. These change over time, so our support plans are regularly reviewed and updated as necessary.

"Friends and family are always welcomed with a smile, and fully supported as needed."

Family member





Meet the Interim Manager:

Paul started his care career in 1994 - 1999 with the Royal National Institute for Deaf People. During this time he supported individuals with various learning/physical disabilities and sensory/dual sensory loss and obtained his Care Certificate Level 3.

After obtaining his management qualifications, Paul worked as Deputy Manager, Team Leader and Manager within various services. Paul joined Autonomy Life in November 2023











The Oaks is a residential home for adults who have learning disabilities and complex needs, including behaviours that may challenge, autism and other associated issues. The main home has accommodation for up to 6 people.

There is also a separate ground floor apartment with its own facilities for three people. The ground floor apartment is suitable for those who prefer to live in a smaller setting while still benefitting from the intensive support required to meet their needs.

We believe that anyone living at The Oaks should have the same care and opportunities as they would in their own home. That's why we recognise, respect and support individuality, encouraging people to take as much control of their lives and decision making as they can, while offering care, support and guidance.

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"I am delighted with the care that my son receives at The Oaks, he is settled, happy and enjoys his life"

Family member





Meet the Manager: Adina lures

Adina has been working at The Oaks for over 10 years. She started as a Support Worker, progressing to Team Leader and now she is the Registered Manager.

Adina has achieved her Level 2 in Health and Social Care, Level 2 in Team Leading and QCF Level 5 in Health and Social Care. She also has a degree in Psychology achieved at the University in Rucharest

She enjoys working with people with challenging behaviour and finds her job really rewarding. She believes that when you work in care you need to have empathy for the people that you support, and they will reward you back with happiness and progression.





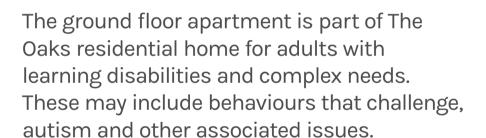












GROUND FLOOR APARTMENTS AT THE OAKS

The apartment provides accommodation for three people. It is especially suitable for those who have mobility issues or prefer to live in a smaller setting and who may require more intensive support.

We believe that anyone living at The Oaks should have the same care and opportunities as they would in their own home. That's why we recognise, respect and support individuality, encouraging people to take as much control of their lives and decision making as they can, while offering care, support and guidance.

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"Staff make things very easy even in difficult situations. I appreciate what they do and they always go beyond their call of duty"

Family member





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Meet the Manager:

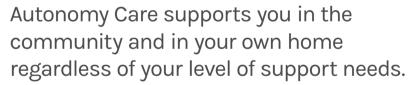
Adina has been working at The Oaks for over 10 years. She started as a Support Worker, progressing to Team Leader and now she is the Registered Manager.

Adina has achieved her Level 2 in Health and Social Care, Level 2 in Team Leading and QCF Level 5 in Health and Social Care. She also has a degree in Psychology achieved at the University in

She enjoys working with people with challenging behaviour and finds her job really rewarding. She believes that when you work in care you need to have empathy for the people that you support, and they will reward you back with happiness and progression.

Autonomy





The support we offer ranges from the very demanding, which may include complex learning or physical disabilities, mental health, palliative care or a hospital discharge, to assisting with essential daily life skills such as shopping. Our clients are all ages, from children to senior citizens, and our support is available around the clock with an out-of-hours on call system in place.

Our specialist team are experts in person-centred assistance and staff undertake accredited Positive Behaviour Support training. Few care providers offer this. In our view it is essential for complex needs and transforms the quality of care across the board.





#### Our services include:

- » Assessing needs and preparing a care plan
- Delivering care plans
   effectively and to the highest
   professional standard
- Continuous assessment and review to ensure a responsive service
- Helping individuals to maintain their lifestyle and independence
- » Facilitating new activities and experiences to enrich daily lives
- » Collaborating with other services and professionals to maximise independence
- » Positive behaviour support for complex behaviours





We work with our clients to establish not only their needs but also their desires and aspirations, and our support is precisely tailored to achieve both. We work with individuals, and those significant in their lives, to set and achieve - short, medium, and long term goals.

These may change over time, so support plans are regularly reviewed and updated. This holistic approach is very person-centred and promotes positive outcomes and development of skills for life and leisure.

"I cannot recommend this company enough. The care they provide is absolutely outstanding! The management there are so kind and thoughtful and nothing is too much trouble for them. Always willing to go the extra mile for everyone. Such an amazing team!"

Team member





Meet the Interim Manager: Samantha O'Dwyer

a care home, as she progressed Samantha worked up the career ladder to Assistant Manager before becoming Home Manager for 2 years.

She started at Autonomy Care in

our Melksham domiciliary service in November 2021 and enjoyed her Registered Manager's maternity leave.















## ontactus



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**Autonomy Life Limited** The Willows

**Autonomy Life Limited** Willow View

**Autonomy Life Limited** The Oaks

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