

## GROUND FLOOR APARTMENT - AT THE OAKS



The ground floor apartment is part of The Oaks residential home for adults with learning disabilities and complex needs. These may include behaviours that challenge, autism and other associated issues.

The apartment provides accommodation for three people. It is especially suitable for those who have mobility issues or prefer to live in a smaller setting and who may require more intensive support. It comprises of 3 bedrooms, a lounge, kitchen, bathroom and single WC.

We believe that anyone living at The Oaks should have the same care and opportunities as they would in their own home. That's why we recognise, respect and support individuality, encouraging people to take as much control of their lives and decision making as they can, while offering care, support and guidance.

Our specialist team are experts in person-centred care and our range of services and strategies can help individuals to manage complex behaviours effectively.

All staff working at the service undertake accredited Positive Behaviour Support training. All staff working at the service undertake accredited Positive Behaviour Support training. The team forms strong relationships with families, social workers, and other stakeholders in the individuals lives.

### Our techniques include:

- » Structured and robust behavioural management
- » Positive behaviour support for complex behaviour
- » Intensive but not risk averse support plans
- » Encouragement of independence
- » Total communication to ensure everyone actively participates in planned care
- » Continuous assessment and review to ensure a responsive service
- » Bild accredited trained staff
- » Part of restraint reduction network



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### Meet the Manager: Adina Iures

Adina has been working at The Oaks for over 10 years. She started as a Support Worker, progressing to Team Leader and now she is the Registered Manager.

Adina has achieved her Level 2 in Health and Social Care, Level 2 in Team Leading and QCF Level 5 in Health and Social Care. She also has a degree in Psychology achieved at the University in Bucharest.

She enjoys working with people with challenging behaviour and finds her job really rewarding. She believes that when you work in care you need to have empathy for the people that you support, and they will reward you back with happiness and progression.

### Individualised support

Support at The Oaks is precisely tailored to the needs and wishes of the individual. We try to achieve not only what is important for someone but also what is important to him or her. This holistic approach is very person-centred and promotes positive outcomes and development of skills for life and leisure.

We work with individuals, and those significant in their lives, to set - and achieve - short, medium, and long term goals. These change over time, so our support plans are regularly reviewed and updated as necessary.

"Staff make things very easy even in difficult situations. I appreciate what they do and they always go beyond their call of duty"

Family member



Part of